

# Tonic

Refreshed • Inspired • Equipped

## Events in 2018

### Saturday 12 May

Come to either of both

### Outward Bound day

Wildwood Adventure, near Guildford

40 places available

Approx £30 per person

To book a place please contact

[claire436whittaker@btinternet.com](mailto:claire436whittaker@btinternet.com)



### Curry Evening

St George's Christian Centre

7.30pm

(Tickets available nearer the time)

### Saturday 13 October

### Breakfast – 9 to 11am

St George's Christian Centre

Speaker (to be confirmed)



All ladies most welcome and do consider inviting a friend!

For further details contact: Jo Jones, [jrj37@aol.com](mailto:jrj37@aol.com)

Claire Whittaker, [claire436whittaker@btinternet.com](mailto:claire436whittaker@btinternet.com)